

REGENT ROWER

Tempo
FITNESS

Model

MONORAIL	Angled Aluminum Guide Rail
FLYWHEEL	6 kg
HANDLEBARS	Easy Grip
PEDALS	Standard - Easy Adjustment
SEAT	Comfort Seat
HEART RATE	Hand Grip Pulse
TENSION CONTROL	Programmable
RESISTANCE RANGE	16 Levels of Magnetic Resistance
POWER REQUIREMENTS	Power Cord
DIMENSIONS	209 L x 47 W x 97 H cm
PRODUCT WEIGHT	44 kg
USER CAPACITY WEIGHT	120 kg

Console

DISPLAY	Oversized Colour LCD Window
WORKOUT FEEDBACK	Time, Speed, Distance, Calories, Strokes, Heart Rate
PROGRAMS	Manual, 12 Built in training programs (each with 8 levels), 4 HRC Programs, Race mode



OXFORD IV



Built with heavy-gauge steel, the Oxford IV allows you to maintain peak rowing form all year long. Plus, it folds for easy storage.

FEATURES

- Comfort seat on aluminium guide rail
- Built-in heart rate receiver for monitoring your condition
- Large footpads give you a safe and comfortable workout
- Air-resistance system provides an especially smooth motion
- Vertically folding design makes it easy to store next to a wall

MONORAIL	Angled Aluminium Guide Rail
HANDLEBARS	Easy-grip Wooden Handle
SEAT DESIGN	Large Comfort Seat on aluminium rail
FOOTPADS	Oversized Footpads
PEDAL DESIGN	Easily Adjustable Foot Pedals with Straps on Metal Base
TRANSPORT WHEELS	Large Integrated Wheel Design
HEART RATE Polar®	Wireless Receiver (sold separately)
TENSION CONTROL	Air Resistance System
POWER REQUIREMENTS	2 x AA Batteries for Console
DIMENSIONS	250 L x 50 W x 66 H cm
FOLDED DIMENSIONS	110 L x 50 W x 163 H cm
ASSEMBLED WEIGHT 3	5 kg
USER CAPACITY WEIGHT	159 kg



DISPLAY	3 Constant LCD Windows
DISPLAY FEEDBACK	Time, Current Rowing Strokes, SPM, Distance, Calories and Heart Rate
POWER	2 AA Batteries



Superior Seat Comfort



Natural Rowing Feel