

HZ AIR BIKE



HORIZON FITNESS AIR BIKE

Experience the ultimate piece of cardio equipment, no matter your fitness level, with the Horizon Fitness Air Bike. This dual-action exercise bike is designed to target your upper and lower body for better conditioning and intense calorie-burning workouts - all without putting any stress on your joints! Featuring a massive 24inch diameter steel fan, easily adjustable comfort seat and unlimited resistance, the Horizon Fitness Air Bike can provide a challenging workout for even the most elite athletes.

EASILY ADJUSTABLE

The 4-way adjustable seat allows you to adjust the seat up, down, forward and back. Fitted with easily adjustable pop pins, loosen the pop-pin and pull out to adjust the vertical distance from the seat to pedal. Ease the seat lever to slide the seat closer or further away from the handlebars.

INFINITE INTENSITY AND RESISTANCE

This air resistance bike provides you with full control over your workout intensity. Resistance response is directly calculated by how hard you pedal, push and pull - the more air you move, the greater the resistance! Slowing down is as simple as easing the intensity of your push, pull and pedal stroke in order to decrease the resistance and amount of air moving.

A FULL-BODY WORKOUT

The powerful fan bike activates the muscles in your arms, chest, back, legs, and core through the movements of pushing, pulling and pedalling. It is a great way to incorporate interval training into your cardio workout without losing strength and muscle mass, making it the ultimate fat-burning machine.

MONITOR YOUR STATS

The Horizon Fitness Air Bike includes a simple-to-use LCD monitor, so you can keep track of your workout data easily. Multiple statistics are measured, including calories, speed, distance, time, pulse, RPM and watts, to make it easy to manage your training.

*Specifications subject to change without notice

FEATURES

RESISTANCE SYSTEM	Air
PEDAL DESIGN	Deluxe adjustable commercial grade heel rest with quick-adjust foot straps.
SEAT DESIGN	Comfort seat
SEAT ADJUSTMENT	4-Way adjustable
TRANSPORT WHEELS	2 Intergrated wheels
HANDLEBAR	Dual action
HEART RATE	Wireless receiver (heart rate strap not included)
ASSEMBLED DIMENSIONS	(L) 120cm x (W) 55cm x (H) 145cm
PRODUCT WEIGHT	51.5kg
USER WEIGHT CAPACITY	136kg

CONSOLE

CONSOLE	Adjustable
WORKOUT FEEDBACK	Calories, Speed, Distance, Time, Pulse, RPM and Watts